

CHARLESTON SECULAR HUMANIST COMMUNITY CENTER

newsletter

charleston.shcc@gmail.com

CHARLESTONSHCC.ORG

facebook.com/groups/charlestonshcc

304 - 832 - 4201

*More info on events and venues
can be found on the website.*

Monthly potlucks are a great place to meet others in the secular community. Bring a dish or (non-alcoholic) drink or a friend if you can. We'll have SHCC library books to borrow. Potlucks will be followed by Community Meetings. Come join us!

Agenda items for monthly Community Meetings should be submitted at least one week prior to meetings. Items will be added on a first come, first serve basis.

chairperson - ALICIA ALLYN BOBCHECK

co-chairperson - ANNA EPLIN

secretary - ALYSSON RIFFE

treasurer - JASON LOVELESS

“Building a Good Life on Earth Together” 5 - 20 September 2014

Defeating Helplessness

When a loved one is struggling with some crisis, it's easy to feel powerless or helpless. You want more than anything to alleviate their burdens, in however small a way. Many believers send prayers, and while those praying may be relieved of any more feelings of helplessness, they've done nothing to rectify or soothe the situation. At the last meeting of the Women's Action Group, we came up with a list of concrete actions for ye of little faith to help those loved ones in need. We would like this list to grow as a resource so if you have more suggestions, please contact us by one of the methods listed on this newsletter.

- ◇ Bake a casserole
- ◇ Write them a letter
- ◇ Offer to babysit or dog sit
- ◇ Give them a ride
- ◇ Make some time for them (watch a movie, get a coffee, take a walk)
- ◇ Donate to charity in their name
- ◇ Help with house or yard work

A few of our members had some great tips for helping others. 1. Be mindful of the needs/limitations/preferences of those you are helping. If you're offering to cook, make sure there are no special dietary needs in the family or if they have small children, a day without the little ones under foot might be a mighty relief. 2. People may be too proud to ask for help. So, offer it before they ask, be specific about how you want to help, and if you know the person or family pretty well, just dive right in. For instance, if you can tell someone's having a particularly stressful day suggest going on a walk.

“No one is useless in this world who lightens the burdens of another.” -Charles Dickens

upcoming events

SEPTEMBER

13 @1200P Helping Hands Organizational Meeting
Kanawha County Public Library, Ray Room
hosted by Helping Hands

18 @0700P Women's Craft Night
Lovecheck Residence - Pratt, WV
hosted by Women's Action Group

21 @1200P Charleston SHCC Business Organizational Meeting
Panera Bread @Charleston Town Center Mall

24 @0700P Astronomy Day Planning Event / New Moon
Lovecheck Residence - Pratt, WV
hosted by Amateur Astronomers

27 @1200P September Potluck and Community Mtg.
Kanawha City Community Ctr. - Charleston, WV

Member Announcements

Active Groups

Active Groups are those that have a point of contact and upcoming events.

Helping Hands
A. Eplin

Women's Action Group
A. Bobcheck

Amateur Astronomers
A. Bobcheck

Modern Dialogues
J. Loveless

Citizens' Salon
A. Bobcheck

Groups Seeking Leadership

Groups Seeking Leadership are those which have vested community interest but no point of contact.

Community Responders
Intramural Athletes
Video Gamers

Leaders must be Charleston SHCC members and be willing to act as the point of contact for that group. To learn more about leadership opportunities, email charleston.shcc@gmail.com.

PRICE: AS FREE AS YOUR MIND

Helping Hands, a new SHCC sub-group, wants you to come to their organizational meeting on Saturday, Sept. 13, at 2pm at the library. This may be the group's only actual meeting---after that we'll jump into helping people in need with household projects and other tasks as our schedules allow. Even if you don't join us as a volunteer, we hope you'll come to the meeting to help this new group get started!

Interested in placing an ad, member announcement, or piece of writing in our newsletter?

Contact us!

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HUMANIST QUOTE OF THE WEEK “*Heresy makes for progress.*”

-Hypatia Bradlaugh Bonner